

Warning Signs

Your child might be having problems with drugs or alcohol if you notice any of the following:

- **Gets high on drugs or drinks often**
- **Loses interest in activities he once enjoyed—like sports, music, hanging out with friends**
- **Sudden weight loss and change in eating and sleeping habits**
- **Spends time with new friends who are drug users**
- **Changes in school performance, like increased absences and lower grades**
- **Increased family conflict**

For more information, check out these websites:

www.timetotalk.org

www.theantidrug.com